



Sequoia Charter School

Course Syllabus – Tai Chi

Course Information

Credit Hour:

Period:

Class Location: BLDG ___ Room ___ 310_

E-Mail: phill@edkey.org

Teacher Information

Name: Peter Hill

Phone: 480-649-7737 ext. 10310

Office Hours: 7:30 – 8AM 3-3:30PM

Course Description:

Tai Chi is a low impact aerobic exercise that improves the health of all body systems including the brain through whole brain development and is also a method of self-defense.

Course Competencies/ Learning Objectives

Students who successfully complete Tai Chi will

- Demonstrate a minimum of 20 Tai Chi foundational exercises
- Understand and describe basic martial philosophy
- Perform two Tai Chi Forms
-

Attendance

Attendance is vital to academic success. We expect students to attend school every day so that they will have the greatest opportunity to have a successful academic year. A student who has 10 absences (excused or unexcused) from a class within a semester may be withdrawn from the class. The student may lose the credit for that class, but may recover the credit by taking the class on-line or in a traditional class setting the following school year.

Online Grade Book

Did you know that you can access your child's grades and assignments? Parents and students should monitor grades regularly by accessing the online grade book, Powerschool. Parents will be assigned a confidential access code to Power School that will allow them to see your child's grades, assignments, and attendance in each class. To take advantage of this powerful tool, parents should go to <http://edkey.powerschool.com> and enter their ID and password. You can receive your ID and password from the front office.

Classroom Expectations

1. Arrive to class on time
2. Follow Directions
3. DO YOUR BEST
4. No electronic devices are to be used in class unless instructor gives permission for instructional purposes

Grades and Scale

Below 60% is considered "Incomplete." An "incomplete" signifies that a student has not mastered the essential standards or requirements of the course and must re-take it.

Weight scale

- Class participation / attendance 10%
- Homework: 10%
- Projects/Papers / labs: 30%
- Classwork: 25%
- Quizzes /Test: 25%

Tardy

Students are encouraged and expected to be in their class on time. A tardy is defined as "not being in an assigned seat when the bell rings". If a student is tardy six or more times in a five week period, he/she will be assigned to Behavior Intervention Program (BIP) by administration.

Suspensions

If a student is suspended, he/she may not make up the 'day to day' assignments. However, if there is a major test, project, or paper due during the suspension the student must still make up those assignments. Sequoia's late/missing work policy will be upheld for these assignments as well.

- Note: A student has the equal amount of days suspended to complete all missing assignments.

Class Requirements

Stand alone- Class Notebook and Folder

Important: *If you are having trouble with this class, seek help immediately. If you wait till the end of the marking period, it most likely will be TOO LATE to receive the proper amount of help to influence your grade.*

Please go over this with your parents/guardians, as the student and the parent/guardian are required to sign and return before August 12, 2017.

The signature portion will be counted as a homework assignment, and there will be a quiz over the material.

-----**Please cut along the line and return**-----

My student _____ has gone through the Syllabus for **Tai Chi**. We are both aware of the expectations of the class.

Please Print Parent Name _____

Parent preferred contact method: Email Phone

- Email address: _____

- Phone number: _____

Parent Signature

Student Signature