



Sequoia Charter School

Course Syllabus – Martial Arts

Course Information

Credit Hour: Martial Arts

Period:

Class Location: BLDG _5_Room503_

E-Mail: bmitchell@edkey.org

Teacher Information

Name: *Shihan* Mr. Mitchell

Phone: 480-649-7737 ext. 10503

Office Hours: Before and After School

Course Description:

To develop more control, coordination, balance, awareness, patience, and confidence thru the studies and path of Martial Arts. This class is strongly rooted in the Japanese styles of Shuri Ryu, Kempo, Aikido, JuJitsu, and Kobudo blended by Grand Master: *Kyoshi* Ed Mitchell, Founder of Many Ways of Defending.

Course Competencies/ Learning Objectives

Students who successfully complete a Black Belt Test will be competent in the following areas:

- Control
- Coordination
- Awareness
- Patience
- Confidence

Attendance

Attendance is vital to academic success. We expect students to attend school every day so that they will have the greatest opportunity to have a successful academic year. A student who has 10 absences (excused or unexcused) from a class within a semester may be withdrawn from the class. The student may lose the credit for that class, but may recover the credit by taking the class on-line or in a traditional class setting the following school year.

Online Grade Book

Did you know that you can access your child's grades and assignments? Parents and students should monitor grades regularly by accessing the online grade book, Powerschool. Parents will be assigned a confidential access code to Power School that will allow them to see your child's grades, assignments, and attendance in each class. To take advantage of this powerful tool, Parents should go to <http://edkey.powerschool.com> and enter their ID and password. You can receive your ID and password from the front office.

Classroom Expectations

1. Arrive to class on time
2. RESPECT – Yourself, The Dojo, and Others
3. DISCIPLINE – Your Mind, Body, and Spirit
4. AWARENESS – Of Self, Surroundings, and Others
5. No electronic devices are to be used in class unless *Shihan/Sensei* gives permission for instructional purposes

Grades and Scale

Below 60% is considered "Incomplete." An "incomplete" signifies that a student has not mastered the essential standards or requirements of the course and must re-take it.

Weight scale

- **Participation and Performances Determine Grade Fully:**
- Class participation / Attendance 10%
- Home Practice Time: 10%
- Projects/Papers / Performances: 30%
- Classwork: 25%
- Quizzes /Test: 25%

Tardy

Students are encouraged and expected to be in their class on time. A tardy is defined as "not being in an assigned seat when the bell rings". If a student is tardy six or more times in a five week period, he/she will be assigned to Behavior Intervention Program (BIP) by administration.

Suspensions

If a student is suspended, he/she may not make up the 'day to day' assignments. However, if there is a major test, project, or paper due during the suspension the student must still make up those assignments. Sequoia's late/missing work policy will be upheld for these assignments as well.

- Note: A student has the equal amount of days suspended to complete all missing assignments.

Classroom Expectations

6. Arrive to class on time
7. RESPECT – Yourself, The Dojo, and Others
8. DISCIPLINE – Your Mind, Body, and Spirit
9. AWARENESS – Of Self, Surroundings, and Others
10. No electronic devices are to be used in class unless instructor gives permission for instructional purposes

Class Requirements

Students must purchase a Gi from Shihan Mitchell within the first 10 days of enrolling in the class. Students are expected to wear their Gi every class and participate fully. Students will have 3 opportunities to advance in rank under Many Ways of Defending: Blended styles of Shuri Ryu, Kempo, Aikido, JuJitsu, Kobudo. (Kara Te Do)

Important: *If you are having trouble with this class, seek help immediately. If you wait till the end of the marking period, it most likely will be TOO LATE to receive the proper amount of help to influence your grade.*

Please go over this with your parents/guardians, as the student and the parent/guardian are required to sign and return by August 11, 2016.

The signature portion will be counted as a homework assignment, and there will be a quiz over the material.

-----**Please cut along the line and return**-----

My student _____ has gone through the Syllabus for Martial Arts. We are both fully aware of the expectations of the class and agree to make the most out of this unique experience.

Please Print Parent Name _____

Parent preferred contact method: Email Phone

- Email address: _____
- Phone number: _____

Parent Signature

Student Signature

Student Uniforms (Gi) are \$25. Due to Shihan Mitchell in room 503 no later than 2pm on August 11th.